

A person is shown in silhouette, sitting on a grassy hill and looking out over a vast landscape at sunset. The sun is low on the horizon, creating a warm, golden glow across the sky and the distant mountains. The person's hands are clasped in their lap. The overall mood is contemplative and serene.

the Struggle

GENESIS 32:9–12

⁹ Then Jacob prayed, “O God of my father Abraham, God of my father Isaac, Lord, you who said to me, ‘Go back to your country and your relatives, and I will make you prosper,’

¹⁰ I am unworthy of all the kindness and faithfulness you have shown your servant. I had only my staff when I crossed this Jordan, but

GENESIS 32:9–12

now I have become two camps. ¹¹ Save me, I pray, from the hand of my brother Esau, for I am afraid he will come and attack me, and also the mothers with their children. ¹² But you have said, ‘I will surely make you prosper and will make your descendants like the sand of the sea, which cannot be counted.’ ”

GENESIS 32:24–31

²⁴ So Jacob was left alone, and a man wrestled with him till daybreak. ²⁵ When the man saw that he could not overpower him, he touched the socket of Jacob's hip so that his hip was wrenched as he wrestled with the man. ²⁶ Then the man said, "Let me go, for it is daybreak."

GENESIS 32:24–31

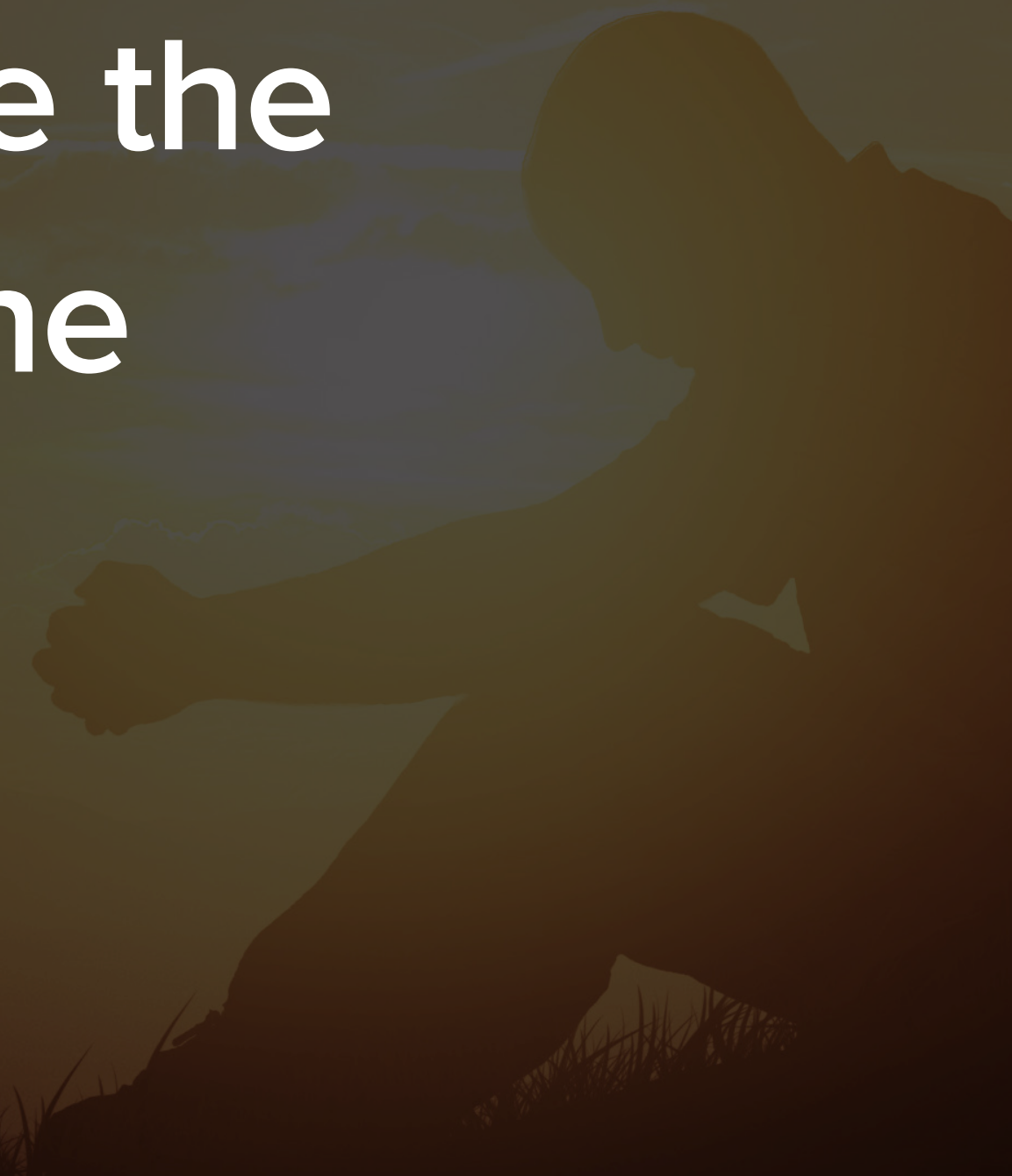
But Jacob replied, “I will not let you go unless you bless me.”²⁷ The man asked him, “What is your name?” “Jacob,” he answered.²⁸ Then the man said, “Your name will no longer be Jacob, but Israel, because you have struggled with God and with humans and have overcome.”

GENESIS 32:24–31

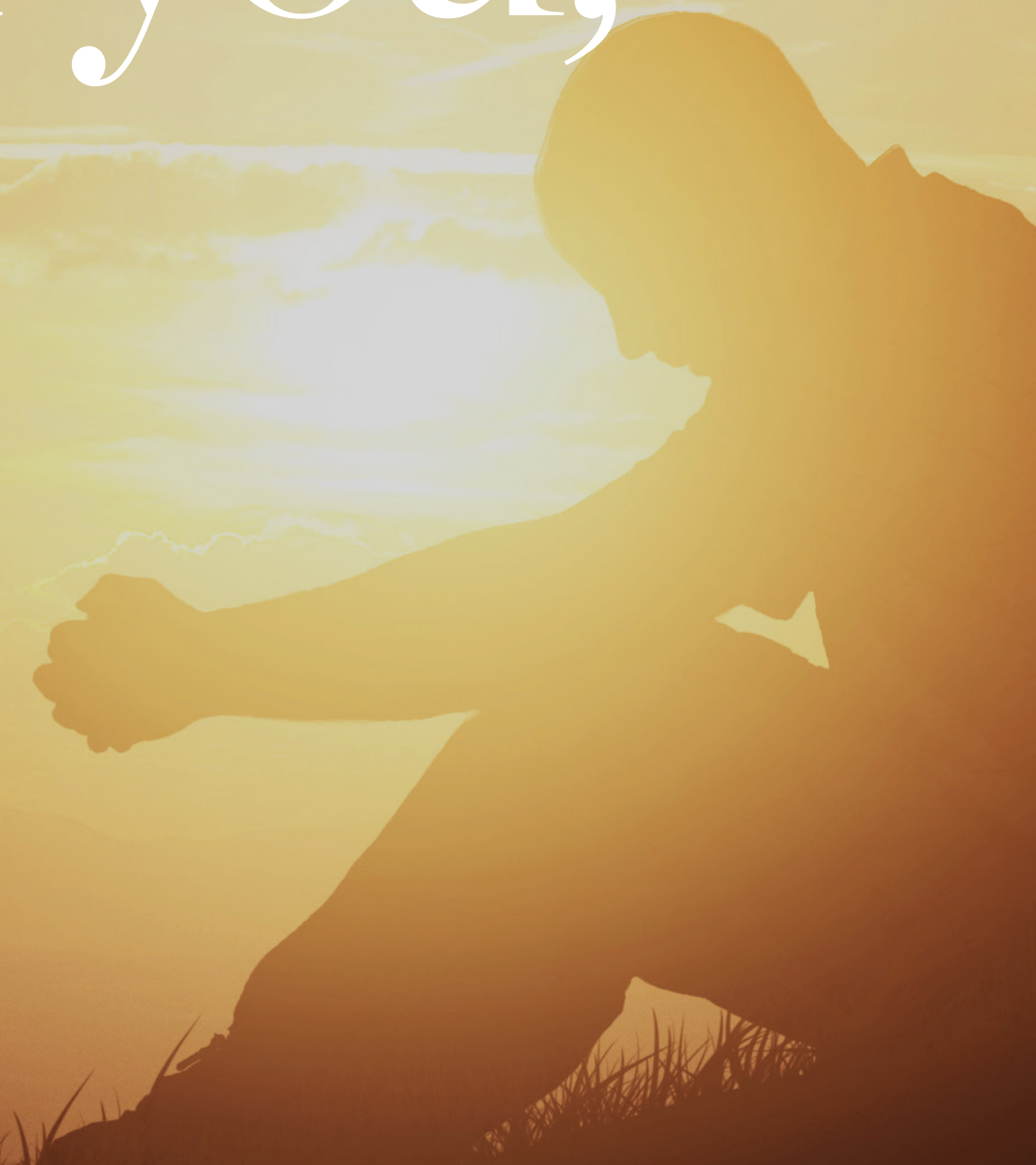
²⁹ Jacob said, “Please tell me your name.” But he replied, “Why do you ask my name?” Then he blessed him there. ³⁰ So Jacob called the place Peniel, saying, “It is because I saw God face to face, and yet my life was spared.” ³¹ The sun rose above him as he passed Peniel, and

GENESIS 32:24–31

he was limping because of his hip. ³² Therefore to this day the Israelites do not eat the tendon attached to the socket of the hip, because the socket of Jacob's hip was touched near the tendon.



God is wrestling with you,
not against you.



Take life one day
at a time.



A person is silhouetted against a bright sunset over a range of mountains. The person is sitting on a grassy hillside, leaning forward with their arms extended towards the horizon. The sky is filled with soft, golden light and wispy clouds. The overall mood is contemplative and hopeful.

Be honest, open up,
and reach out.

